

Course Outline for: NURS 1160 Parent Child Nursing Clinical 3

A. Course Description

1. Number of credits: 1

2. Lab hours per week: 1

Clinical hours per week: 1.5

3. Prerequisites: NURS 1000 Role of the Professional Nurse

NURS 1050 Foundations of Health Assessment

NURS 1070 Foundations of Health Assessment Clinical 1 or NURS 1020 Transition to the Role of the Professional Nurse

BIOL 2042 Human Physiology

BIOL 2044 Introductory Microbiology

4. Corequisites: NURS 1100 Health Promotion

NURS 1120 Health Promotion Clinical 2

NURS 1150 Parent Child Nursing

5. MnTC Goals: None

This course introduces the student to experiential learning that enables the student to develop their role as a member of the nursing profession in providing childbearing/childrearing family care. Emphasis is placed on application of knowledge and skills, clinical judgment, integrative holistic care, safety and quality of care, teaching and learning, and determinants of health affecting health equity.

B. Date last reviewed/updated: November 2023

C. Outline of Major Content Areas

- 1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Judgment
 - iii. Self-care
 - iv. Social Justice
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Communication
 - iii. Collaboration
 - iv. Quality & Safety
 - v. Informatics
 - vi. Evidence-based/Evidence-informed Practice
 - vii. Care Coordination
- 2. Physiological Integrity

- A. Physiological Homeostasis Regulation
 - i. Fluid & Electrolyte Balance
 - ii. Acid-Base Balance
 - iii. Thermoregulation
 - iv. Cellular Regulation/Genetics
 - v. Intracranial Regulation
 - vi. Metabolism
 - vii. Nutrition
 - viii. Elimination
 - ix. Sexuality & Reproduction
 - x. Oxygenation
 - xi. Perfusion
- B. Protection and Movement
 - i. Immunity
 - ii. Inflammation
 - iii. Infection
 - iv. Tissue Integrity
 - v. Sensory Perception
 - vi. Comfort
 - vii. Mobility
 - viii. Rest
- 3. Psychosocial Integrity
 - A. Psychosocial Homeostasis
 - i. Family Dynamics
 - ii. Culture/Spirituality
 - iii. Motivation/Adherence
 - iv. Cognitive Function
 - v. Coping/Stress/Adaptation
 - vi. Grief & Loss
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health
 - ii. Implicit Bias Education

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

- 1. Apply knowledge, inclusive of evidence-based sources of information, to guide safe care of the childbearing/childrearing family population.
- 2. Demonstrate clinical judgment when providing care to the childbearing/childrearing family population.
- 3. Collect and interpret data to guide teaching and learning that recognizes the integrated holistic person/family as well as knowledge of health determinants to assist the family in achieving health care goals.
- 4. Promote the achievement of quality outcomes of care for childbearing/childrearing family population.

E. Methods for Assessing Student Learning

Each semester, cognitive learning will be evaluated by written examinations and quizzes, including alternative format, written, and reflection assignments. Rubrics will be used. The student must obtain a 78% or greater in order to pass.

F. Special Information

Refer to nursing student handbook for additional details.